# Primate Religion & Human Consciousness

UH 300 Section 024

Fall 2016, Seminar

Dr. Christopher Lynn

### Office Hours and Contact Information

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### **Prerequisites**

#### **UA Course Catalog Prerequisites**

No prerequisites or none listed.

### **Course Description**

#### **UA Course Catalog Information**

These courses provide an opportunity for Honors College students to engage in discussion and exploration of various topics that change each semester. Satisfies W core curriculum designation.

#### **Core Designations:**

University Honors Writing

Human consciousness is often held aloft as one of the distinguishing characteristics of humanity with higher consciousness, self-awareness, and truth generally considered worthwhile lifelong pursuits. But at what cost? Have evolutionary mechanisms propelled humans toward "analysis paralysis"? Do cultural and psychological adaptations maintain the blinders of blissful ignorance? We will consider these questions in reading about the 'religious' behavior of non-human primates and altered states of consciousness, and engage in activities to expand and limit our own consciousnesses. Additionally, you will participate in research as part of the Belongingness Ecology Study, which will may involve establishing relationships and collecting data among a local group of your choice. The course will consist of a series of readings, discussions, and activities to explore human consciousness from psychological, biological, and cultural aspects with a focus on operationalizing it for a practical research agenda.

# **Student Learning Outcomes**

By the end of this course, students should be able to

- Define a complex system like human consciousness in operationalizable terms—that is, define it by parts or mechanisms that theoretically comprise it and how to test for them
- Provide examples for elaborated culture (such as religious behavior) in non-humans and humans and examples of behavior that does not require consciousness in human behavior.

- Summarize technical material and communicate it experientially or in lay terms to a group of peers.
- Collaborate with a group to design and conduct a pilot study, write up the results as a scientific paper, and give a
  presentation to an educated audience.
- Recognize the synergistic outcomes of mind/body processes in behavior and culture.

### **Required Texts**

#### **UA Supply Store Textbook Information**

• LYNN (PRICE TO BE DETERMINED) / COURSE READINGS FOR UH 300/ 24 (FALL 2016) (Required)

### Other Course Materials

#### Blackboard

Readings will be posted to Blackboard, and I will use this avenue to contact the class about syllabus changes. The syllabus is likely to be altered slightly over the course of the semester. I will not reprint it, but you can download and print the most current version from the link on Blackboard at any time. I will contact you when it has been substantively revised. Access Blackboard via myBama. There is a box called Blackboard on the Academics tab that should list your courses that are currently let up with Blackboard.

We will also use Blackboard to turn in all assignments. I STRONGLY recommend you set up Blackboard to send you email notifications when things are posted, updated, due, or have been graded. To do this, follow these instructions:

- 1. Log in to Blackboard
- 2. Toggle the arrow next to your name at the upper right hand corner of your screen
- 3. Select "Settings" at the bottom of the screen that appears
- 4. Select "Edit Notification Settings"
- 5. Select this course from the list
- 5. Under "2. Settings," check the box above Email so it notifies you when any actions are taken.
- 7. Be sure to click the "Submit" button to save these settings.

#### <u>Facebook</u>

This course has a Facebook group for sharing information relative to the course. Please join us for online discussions at http://www.facebook.com/groups/uh300.37/.

# **Outline of Topics**

Week 0: Intro to syllabus

Wed, 8/17

Read: Guest "What is anthropology?

Week 1: Neuroanthropology of religion: What is anthropology?

Mon, 8/22

Read: Stanford: "Human Variation

Wed, 8/24

Read: Stanford: "The Primates"

Assignment: Commentary 1 due (Blackboard & in class)

#### Week 2: What is transcendance?

Mon, 8/29

Read: Beauregard: "Transcendent Experiences & Brain Mechanisms"

Wed, 8/31

Read: Ustinova: "Consciousness Alteration Practices in the West from Prehistory to Late Antiquity"

Assignment: Commentary 2 due (Blackboard & in class)

PRESENTER: Acosta

#### Week 3: Group project

Mon, 9/5, LABOR DAY, NO CLASS

Wed, 9/7 Read: TBD

Activity: Split into groups

#### Week 4: Cognitive science of religion

Mon, 9/12

Read: Whitehouse: "Cognitive Evolution & Religion"

Assignment: BLOG 1 DUE

Wed, 9/14

Read: Boyer "Religion: Bound to Believe"

PRESENTER: Bourland

Assignment: Commentary 3 due

#### Week 5: Diversity is our business

Mon, 9/19

Read: Storm & Wilson: "Liberal & Conservative Protestant Denominations as Different Socioecological Strategies"

Assignment: Complete "Research brainstorming" assignment (Blackboard)

Wed, 9/21

Read: Wilson: "The Secular Utility of Religion-Historical Examples"

PRESENTER: Chaney

Assignment: Commentary 4 due

#### Week 6: Consciousness

Mon, 9/26

Read: Kohn: "Reflections, Dreams & a Search for Consciousness in Anthropological Method"

PRESENTER: Davidson

Wed, 9/28

Read: James: "The Self, the Group & the Category"

PRESENTER: Dunne

Assignment: Commentary 5 due

#### Week 7: Research development/Consciousness (cont'd)

Mon, 10/3 Read: None

Activity: Discuss literature review & research plan

Assignment: BLOG 2 DUE

Wed, 10/5

Read: Damasio: "Stepping into the Light"

PRESENTER: Gilkeson

Assignment: Commentary 6 due

#### Week 8: Self-awareness & theory of mind

Mon, 10/10

Read: Gallup, Anderson, & Platek: "Self-awareness, Social Intelligence, & Schizophrenia"

Assignment: Literature Review due

Wed, 10/12

Read: Leary & Buttermore: "The Evolution of the Human Self"

PRESENTER: Haines

Assignment: Commentary 7 due

#### Week 9: Primatological cognitive studies

Mon, 10/17

Read: Nystrom: "The Primate Brain & Complex Behavior"

Assignment: Complete "Research Purpose and Background" assignment (Blackboard)

Wed, 10/19

Read: Povinelli & Cant: "Arboreal Clambering & the Evolution of Self-Conception"

PRESENTER: Hatley

Assignment: Commentary 8 due

#### Week 10: Dissociative family of experiences

Mon, 10/24

Read: Luhrmann, et al.: "The Absorption Hypothesis"

Wed, 10/26

Read: Snodgrass, et al.: "Magical Flight & Monstrous Stress"

PRESENTER: Laningham

Assignment: Commentary 9 due

#### Week 11: Trance states & social functions of dissociation

Mon, 10/31

Read: Lynn: "The Wrong Holy Ghost"

Activity: BLOG 3 DUE

Wed, 11/2

Read: Boddy: "Spirit Possession and Gender Complementarity"

PRESENTER: Lucas

Assignment: Commentary 10 due

#### Week 12: Neural correlates of consciousness

Mon, 11/7

Read: Crick & Koch: "A Framework for Consciousness"

PRESENTER: Sanford

Wed, 11/9

Read: Seligman & Kirmayer: "Dissociative Experience & Cultural Neuroscience"

PRESENTER: McHugh

Assignment: Commentary 11 due

#### Week 13: Behavioral allostasis

Mon, 11/14

Read: Ludwig: "The Psychobiological Functions of Dissociation"

Wed, 11/16

Read: Schaller: "The Behavioural Immune System & the Psychology of Human Sociality"

PRESENTER: McVay

Assignment: Commentary 12 due

#### Week 14: Primate religion

Mon, 11/21

Read: Winkelman: "Shamanism & Cognitive Evolution"

PRESENTER: Norris

#### Week 15

Mon, 11/28

Read: Rossano: "Good Ritual Make Good Friends"

PRESENTER: Pearlstein

Assignment: Commentary 13 due

Wed, 11/30 Read: None

Activity: Discuss final presentations/paper

Assignment: BLOG 4 DUE

#### Week 16: PRESENTATIONS

Tues, 12/6, 8-10:30 am, PRESENTATIONS

Thurs, 12/8, 4:30 pm, FINAL PAPER/PORTFOLIO DUE

# **Exams and Assignments**

Written Commentaries: You will be expected to write EVERY WEEK via our course Discussion Board on Blackboard in response to a discussion question there. You turn these in online AND in class. Your response should be relevant to the reading and integrate your thoughts, our class discussions, and other readings. Posts for each article should be 250-500 words. This is a major part of your grade, so DO NOT GET BEHIND. This is also a writing course, so I expect your writing to be coherent. This means you should watch your spelling and grammar, though stylistically discussion posts tend to be somewhat 'looser' than other academic writing. I will give you feedback on your writing periodically, at least once before the midterm and at least once again before the end of the term.

Four of these commentaries should be reports on the progress you are making in your group projects. I strongly suggest you keep field notes when you are engaged in the group projects outside of class, then summarize your notes for these entries.

**Reading Presentations**: You will be responsible for generating discussion related to the article. Each Wednesday, one students is assigned to (1) generate AN ACTIVITY for group work and (2) generate discussion (see schedule below). The activity should be related to the readings and enable us to engage the material experientially. Examples include finding the questionnaires used in articles we read so that we can take them and generate class data, as well as discuss study methodologies based on firsthand experience, or developing games that draw on material in the article. Following is the rubric I will use to evaluate your presentation and that you should use to prepare.

#### **Reading Presentation Rubric**

	1=poor	2=satisfactory	3=good
Presentation content (material appropriately summarized, balance of word/pictures)			
Presentation style (grammar, spelling)			
Presentation presence (comportment in front of class, articulated lesson)			
Activity creativity (fun, age appropriate, effortful)			
Activity relevance (made sure to relate it to reading)			

**Group Research:** The class will be divided into 3-5 groups. Each group will collect and present data as part of the Belongingness Ecology Study Tuscaloosa (BEST). This is a systematic study of local group life from an ecological perspective. Each group will choose or be assigned a group to work with and study. Instructions and materials to conduct this project will be provided.

Group Presentation: Each group will give a 15-20 minute presentation on their project at the end of the semester. Instructions and expectations for this presentation will be provided.

Group Research Paper: Research papers should be 10-12 pages and use a scholarly style guide. Every scholarly journal published its "author guidelines," which include a style guide. Here is an example from <code>Ethos</code>, the journal for the Society for Psychological Society: <a href="http://www.wiley.com/bw/submit.asp?ref=0091-2131">http://www.wiley.com/bw/submit.asp?ref=0091-2131</a>. These guidelines will give you the required manuscript style of the respective scholarly journal (obviously, the page count specified here supercede those of your respective style guide). When you turn in your report, you will include a professional cover letter that indicates what journal's style you are using for your report and the roles taken by each group member in your collaboration. I recommend you use RefWorks bibliographic software, as it will drastically improve your efficiency and accuracy and is free through the UA library (<a href="http://refworks.ua.edu/">http://refworks.ua.edu/</a>). In using RefWorks, I also recommend choosing a journal style that is loaded in RefWorks.

I recommend preparing your paper before your group presentation, as you will use the same material in the presentation. You will then use the constructive feedback you receive the presentation to improve the report. For writing projects, your group will spend about a third of the time researching your topic and the rest composing and revising your presentation and report. The process of writing should inevitably send you back to your sources to clarify points so there is some additional research time folded into writing time. Research papers usually represent approximately 4-8 hours of research and 8-16 hours of writing. You will use primary sources for theoretical background and discussion. This means that, while being integrative and creative, your project will build on research that has come before. This will provide your validity. Reports must be grammatically and carefully proofread and, therefore, not suffer the flawed organization and logical gaps that first and second drafts almost always do. In writing, keep in mind your audience. Papers written "for the instructor" often make unwarranted assumptions about the expertise of the reader. The result is that you may assume the reader "knows what you mean" and you may fall into the trap of obscuring an otherwise good (or hiding poor) results and implications with jargon. Despite all these restrictions in terms of format that have the tendency to suck the life out of an otherwise fun project, I want you to convey the excitement of your results. Given the limited potential for interpreting pilot data from a small, biased sample, I want you to go out on a limb and be more speculative than you otherwise would for a true scholarly publication. Let me know how neat and fun this study or its results are. Finally, you will be evaluated using the following rubric:

	1=poor	2=fair	3=satisfactory	4=good	5=exceptional
Coherence (adherence to					
style, internal logic,					
organization,					
spelling/grammar, prose					
style)					
Intellectual merit					
(relevance to course,					
relevance to previous					
research)					
Broader impacts					
(importance or implications					
to discipline or society)					
Source material (choice of					
appropriate sources &					
comprehension of them)					
Overall impression					
(originality/creativity,					
collaboration,					
compelling/convincing,					
interesting)					

# **Grading Policy**

15% = Reading presentations

50% = Commentaries

15% = Group presentation

20% = Group research paper

### **Classroom Conduct**

If you text in my class, check your Facebook, or engage in any other rude and unseemly behavior, I'll ask you to leave class; and you'll be marked as absent.

### Policy on Missed Exams & Coursework

Blogging and Online Discussions: You will be penalized for lateness on any of these.

**Presentations**: If you cannot attend class on a day you are scheduled to present, I expect you to have made arrangements with a classmate to switch slots in the schedule. I WILL NOT DO THIS FOR YOU. If you are sick on a day you are scheduled to present or have some other emergency, I expect documentation to justify the inconvenience it causes the rest of us. Without such documentation, you will receive a 0 for your presentation score. The course timetable has little flexibility, so presentations will not be rescheduled.

**Research Presentation:** If you miss your own presentation for any reason whatsoever, you can make it up by writing a 25-page research paper on a topic of my choosing using the same format outlined for the group research paper above. This will be due by exactly two weeks after the final exam date.

**Research Paper:** Collaboration is essential on this project. No excuses will be accepted. If any group members do not pull their weight, they will be penalized individually, but this will not be an acceptable excuse for not completing assignments as directed.

Late submissions will only be accepted by prior arrangement and/or with a very good reason. Otherwise, I will deduct 10% from each group member's paper grade for each day (or part of a day) they are late. Many assignments being due at the same time is *never* a good reason, and extensions will never be authorized on that basis, so please don't ask. No extensions will be authorized during the 3 days immediately prior to the due date except in the case of a legitimate medical emergency.

# **Attendance Policy**

As this course involves active participation and activities, attendance is expected and mandatory on days you are scheduled to present. If you are absent without a valid excuse on a day you are scheduled to present, you will receive a 0 for that portion of your presentation grade, regardless of the preparation you may have otherwise done for the presentation. If you are aware of a conflict in your presentation date, it is up to you to arrange with classmates to switch presentations with someone.

### Schedule

# **Extra Credit Opportunities**

I will offer extra credit for attending ALLELE lectures (<a href="http://evolution.ua.edu/">http://evolution.ua.edu/</a>). Details will be announced thru the course of the semester.

# **Undergraduate Research**

The Anthropology Department offers several avenues for getting involved in undergraduate research. We offer a course in Undergraduate Research that you can take in conjunction with mentoring by a department faculty member. Additionally, I take new students into the Human Behavioral Ecology Research Group (HBERG) every semester who are interested in getting involved in the kind of research I conduct and which is related to this course. Under some circumstances, I may offer extra credit for such participation, but you can also get involved without receiving credit, if you simply desire research experience. You can learn more about HBERG activities here: <a href="http://cdlynn.people.ua.edu/hberg.html">http://cdlynn.people.ua.edu/join-us.html</a>.

### **Severe Weather Guidelines**

The guiding principle at The University of Alabama is to promote the personal safety of our students, faculty and staff during severe weather events. It is impossible to develop policies which anticipate every weather-related emergency. These guidelines are intended to provide additional assistance for responding to severe weather on campus.

UA is a residential campus with many students living on or near campus. In general classes will remain in session until the National Weather Service issues safety warnings for the city of Tuscaloosa. Clearly, some students and faculty commute from adjacent counties. These counties may experience weather related problems not encountered in Tuscaloosa. Individuals should follow the advice of the National Weather Service for that area taking the necessary precautions to ensure personal safety. Whenever the National Weather Service and the Emergency Management Agency issue a warning, people in the path of the storm (tornado or severe thunderstorm) should take immediate life saving actions.

When West Alabama is under a severe weather advisory, conditions can change rapidly. It is imperative to get to where you can receive information from the <u>National Weather Service</u> and to follow the instructions provided. Personal safety should dictate the actions that faculty, staff and students take.

# The Office of University Relations will disseminate the latest information regarding conditions on campus in the following ways:

- Weather advisory posted on the UA homepage
- Weather advisory sent out through UA Alerts to faculty, staff and students
- Weather advisory broadcast over WVUA at 90.7 FM
- Weather advisory broadcast over Alabama Public Radio (WUAL) at 91.5 FM
- Weather advisory broadcast over WVUA-TV/WUOA-TV, and on the website at http://wvua23.com/weather.

In the case of a tornado warning (tornado has been sighted or detected by radar; sirens activated), all university activities are automatically suspended, including all classes and laboratories. If you are in a building, please move immediately to the lowest level and toward the center of the building away from windows (interior classrooms, offices, or corridors) and remain there until the tornado warning has expired. Classes in session when the tornado warning is issued can resume immediately after the warning has expired at the discretion of the instructor. Classes that have not yet begun will resume 30 minutes after the tornado warning has expired provided at least half of the class period remains.

### **Policy on Academic Misconduct**

All students in attendance at The University of Alabama are expected to be honorable and to observe standards of conduct appropriate to a community of scholars. The University of Alabama expects from its students a higher standard of conduct than the minimum required to avoid discipline. At the beginning of each semester and on examinations and projects, the professor, department, or division may require that each student sign the following Academic Honor Pledge: "I promise or affirm that I will not at any time be involved with cheating, plagiarism, fabrication, or misrepresentation while enrolled as a student at The University of Alabama. I have read the Academic Honor Code, which explains disciplinary procedure resulting from the aforementioned. I understand that violation of this code will result in penalties as severe as indefinite suspension from the University."

See the Code of Student Conduct for more information.

# **Disability Statement**

If you are registered with the Office of Disability Services, please make an appointment with me as soon as possible to discuss any course accommodations that may be necessary.

If you have a disability, but have not contacted the Office of Disability Services, please call (205) 348-4285 (Voice) or (205) 348-3081 (TTY) or visit 1000 Houser Hall to register for services. Students who may need course adaptations because of a disability are welcome to make an appointment to see me during office hours. Students with disabilities must be registered with the Office of Disability Services, 1000 Houser Hall, before receiving academic adjustments.

# **UAct: Ethical Community Statement**

The University of Alabama is committed to an ethical, inclusive community defined by respect and civility. The UAct website (<a href="http://www.ua.edu/uact">http://www.ua.edu/uact</a>) provides extensive information on how to report or obtain assistance with a variety of issues, including issues related to dating violence, domestic violence, stalking, sexual assault, sexual violence or other Title IX violations, illegal discrimination, harassment, child abuse or neglect, hazing, threat assessment, retaliation, and ethical violations or fraud.